A SHOUT OUT FROM THE SLF CHAIR

By Theresa Sweeney, SLF, Chair

We have had a busy semester so far. From Homecoming to International Education Week, and ending with World Hunger Days. Over the semester we have been able to enhance our leadership skills — whether it has been learning to juggle more responsibility, motivating others, or challenging ourselves to grow as a leader. We have been given the opportunities to go on leadership retreats, volunteer in our community and participate in civic dialogue forums. Although we have had an exciting semester, there is always room for more involvement. It is my goal for next semester to get the ball rolling and get more students and clubs involved!

SCC DECA TACKLES NEW YORK

By Cory Wolfe, Collegiate DECA, Secretary

Every year, Collegiate DECA hosts The Collegiate Leadership Academy (CLA) in New York City. Students participate in experiential activities and a case study in their choice of one of five industry tracks: Sports & Entertainment Marketing, Hospitality & Culinary Arts, Fashion Merchandising & Retail Management, International Business & Finance and Madison Avenue Advertising. This year, fifteen Arizona Collegiate DECA members from Arizona State University, Central Arizona College, Grand Canyon University and Scottsdale Community College attended CLA. I am so grateful that my first New York experience was done in a professional way—networking with industry professionals and making lifelong relationships with fellow DECA members from all across the nation. I competed in International Business & Finance where we were split into teams and given our assignment that consisted of a 22-page Harvard Case Study on the bread manufacturer Group Bimbo. Each team had two days to analyze the case study and decide whether or not Bimbo should enter the Chinese market and how they should go about doing it. We were then given the amazing opportunity to present our executive summary to PricewaterhouseCoopers, the world’s largest professional services firm. I learned and grew so much in the four days spent in the city that never sleeps and I am looking forward to next year and the challenges that await.

Starting from Left: Oscar Camou, SCC; Rachel Van West, ASU; Kristen McNeill, ASU; Mike Marroquin, SCC; Luis Calderon, CAC; Sonny Patel, SCC; Cory Wolfe, SCC.

Photo taken in Central Park.
**International Education Week**

By Nick Balik, SLF, Student-at-Large

International Education Week was a huge success! The week started off with an international student panel which allowed several current international students to talk about the similarities and differences of the educational systems in their home country and the United States. To continue the multi-cultural flow throughout the week, there were posters of cars from around the world displayed in the cafeteria plus facts from around the world posted throughout the campus. Also on display was “Thumbprints of the World,” which allowed students and employees the chance to place their thumbprints on a large world map to indicate where their heritage lies. After students got fired up about many of the unique cultures of the world, there was an informative study abroad presentation that walked students through an easy to follow step-by-step instruction on the what’s, how’s, where’s, and why’s of studying abroad. And to finish off the week was the International and Native American Fashion Show. The fashion show was hosted by the SLF Global Awareness Committee, Global Artichokes Club, and the Sun Earth Alliance Indian Club. This event showcased authentic traditional clothing and regalia from all across the globe. Costa Rica, Indonedia, Russia, Japan, Morocco, Pakistan, India, Guatemala, just to name a few participating international countries, plus the local Salt River Maricopa Pima, Navajo, and Apache all strutted their traditional attire down the runway!

**Global Leadership Retreat**

By Leeza Romo, SLF Special Events Co-Manager

Have you ever felt the need to change the world, but never knew how to do it? Going to the MCCCC Global Leadership Retreat has shown me the first step. The first day, we were split up into 13 small groups and given a weird picture, which turned out to be our own country. We worked together in our groups to design a perfect world in the small space given to us. We elected leaders, established resources for food and water, drew up what our perfect country would look like if it were possible to do so, and even came up with a national anthem. Overnight, many things happened to my group’s country and the surrounding twelve such as a power plant exploded in a neighboring country, our volcano erupted, and a leader died in the north. Each country had to figure out how to solve all the problems they were having and how to come together and help solve problems they caused for other countries. By the end, all the groups gathered together outside and discussed a peace treaty. Is it not amazing to see a small group of young adults who barely knew each other come together and decide on peace as if they were the ones in charge in the real world? I, for one, think that it’s amazing!

On the final night, there was an awesome event called “Culture Night” where again we split up into teams to write a skit, song, or speech on the difference in culture. My team came up with the idea to do “American Stereotypes” and we did a skit on how most Americans categorize each race in its own special ways. We shared how powerful an influence it has on our views of each other. Yes, it was fun to watch and made the audience laugh, but the message behind it was strong. Other groups shared facts and events in their cultures. One group showed us how to dance and another showed us a few games they play in their country. Overall I had an amazing experience and am glad to have been able to take a part in the 2013 Global Leadership Retreat.
Artie’s Community for Service

By Jessica Combs, ACeS, President

Artie’s Community for Service (ACeS) is a club that was established at the beginning of the 2013 school year. ACeS partners with the Office of Service-learning and Leadership to help engage students in community service and volunteerism. This semester has been quite successful for a new club! We started off the year with the annual Making Strides Against Breast Cancer walk at Tempe Town Lake. This specific event is close to our hearts and is celebrated not only for all the survivors but, especially for our own Co-advisor, Laurie McCune. She truly means the world to our office as well as club and is five years cancer-free! In addition to the breast cancer event, ACeS collaborated with the AZ Burn Foundation and Scottsdale Fire Department on November 16th and installed over 60 smoke and carbon monoxide detectors in an elderly mobile home community. This was a very fulfilling experience for everyone involved — the recipients were so grateful that college students cared for them and we were happy to help.

November 22nd was recognized as ACeS Day of Service for the fall semester. We were able to help two local organization: Save the Family and St. Mary's Food Bank. At Save the Family, we painted, cleaned and prepared a condominium for a mother and her two boys. This experience was, beyond a doubt, one of the most rewarding projects we’ve done. We were able to contribute our efforts to help provide a clean home for a family - and to be able to do this, at this time of year, seems to make it a little more special. Our visit to St. Mary's Food Bank was great! We loaded grocery carts with donated food for the monthly and holiday disbursement. Our experience with St. Mary's Food Bank was one of a kind. We know our efforts are much appreciated to the community that received the boxes!

Lastly, a service project that touches my heart to the core is our essentials drive to benefit homeless Arizona Veterans. We've collaborated with the SCC Veteran’s Club to collect donations for two local charities within the Valley, H3Vets and Lodestar New Day Center. This drive has received tremendous support from not only from our SCC community, but also the surrounding community. Our veterans need our support and any and all efforts help. Thank you to our veterans! And, as always for me, God Bless America!

We look forward to a successful spring semester and can’t wait to get out there and make more positive change in our community! Thank you to the Office of Service-learning and Leadership for their commitment to helping students succeed, both inside and outside the classroom! We couldn’t do it without you! Have a happy holiday season!

OAC Member Receives LEAVE NO TRACE BEHIND Certification

By Diana Hernandez, Outdoor Adventure Club, President

SCC, the Outdoor Adventure Club and I would like to congratulate Sabrina Horton for earning her Leave No Trace Master Educator certification from NOLS (National Leadership School) on November 8th. We are all proud of you and are excited to have you with us to help educate us in leaving minimal footprints on our journey! GO SABRINA!
4 Peaks Clean Up

By Diana Hernandez, OAC President

The SCC Outdoor Adventure Club's 4 Peaks Clean Up on November 15th was another success! We were sponsored by the Tonto National Forest to go out and clean up a shooting sight and were able to collect over 400 pounds of trash! Thanks to the Tonto National Forest, Dr. Dave Brown and our volunteers for your support and for making this a memorable event. Look for this event next semester!

Above: OAC members proudly display the 400 pounds of trash they collected!

There is Gold in Those Succulents and Cacti

By Edward Weigand, CNUW, Advisor

SCC’s CNUW (Center for Native & Urban Wildlife) and TWS (The Wildlife Society), continue to exceed financial goals for the past two years with our Plant and Bake Sale Fundraisers. CNUW/Wildlife members, along with staff and volunteers help at the events each fall and spring. Many departments and staff on campus know us well and more of the public are attending each sale. The funds raised benefit Restoration Ecology students and the cost of their TWS yearly activities along with CNUW’s mission for public education about the importance of Biodiversity here in the Sonoran Desert.

This fall’s fundraiser was a great one with special thanks to Chelsey Hull CNUW’s budding horticulturist. Her green thumb and loving care year round produced some of the finest and always best priced selection of native cacti and desert adapted succulents. Some of the best sellers this fall were the hanging house plants including Swedish Ivy and my favorite, the Repunzal plant, a vining milkweed. The Prickly Pear, Totem Pole cactus and beautiful Golden Barrel cactus were among the big sellers in the cactus family. The Aloe, Agave and Succulent Family of plants included Medicinal Aloe, Vining Aloes and Succulent Grape among others. Such a large selection of healthy plant species made for a great success for the three day event. These native plants and desert adapted plants are an integral part of the Sonoran Desert Ecosystem providing homes, habitat, food, water and protection for the birds, mammals and invertebrates we share the desert with. Native flora or fauna indicates that these species have adapted over many generations to the weather, habitat and resources here in the Sonoran Desert.

SCC’s support of CNUW with the campus ponds and native demonstration gardens provide an enriching atmosphere for students and all who visit campus to enjoy our deserts variety of life that makes its home in the most diverse desert in the world. Student interns gain valuable skills through leadership opportunities at our Biodiversity Tours, where Valley Elementary Students visits Scottsdale Community College Campus. This half-day field trip provides opportunities for the Elementary School students as they begin their learning and understanding of nature and the variety of life we all depend on. CNUW interns gain important communication and leadership skills by participating in the tours and helps in finding jobs in the fields of wildlife restoration, ecology and conservation.

We cannot forget to mention our Bake Sale, which included great Halloween and other baked goods provided by our students. Allie Mitchell did a great job organizing and storing the baked goods for the sale. Her Raspberry Lemon Cupcakes were a favorite and made for a great breakfast each morning. Last week Allie announced she will be attending Humboldt College in California for their Marine Biology Program in January. We will miss all her work at Toad Hall and the wonderful baked goods she provides. Maybe we can get her to mail some for the Spring Fundraiser. We are looking forward to the Spring 2014 Earth Day Plant and Bake Sale right around the corner. Thanks for all your support to CNUW/TWS.

Right: Chelsey Hull and Allie Mitchell were key to the success of the annual fall plant sale for CNUW/TWS.
HOW TO COPE WITH STRESS
By Miriam Villanueva, ACeS and Latino Student Association, Vice President

Stress is inevitable in college. Luckily, I have a couple of years of school under my belt that I know how to at least deal with it. Especially now that it is T-20 days ‘til finals, I feel that my stress levels are rising each and every day. Here is how I cope:

1. Study ahead of time: I study for BIG tests at least 1-2 week in advance. Honestly, if you think that an all-nighter is going to get you the grade you want, you are mistaken. It takes time to develop recognition skills in your brain. I make flashcards and go through them once, come back in a day or two and go over them again and again. For me repetition is good. I also analyze the information and come up with little tricks to remember things.

2. Do not overdo it/ take breaks: It is ok to take breaks between study times. I study for about 3-4 hours at a time, BUT I take breaks in between. During those hours I do 30 minutes of study time and 5-10 minutes of break time. During the break I get up, stretch, play a couple of quick games of solitaire on my phone (I win every time) and then get right back to it. Discipline to get back to studying is the key. You must have self-control!

3. Listen to music: I need background noise to cancel out everyday noise and get "in the zone."

4. Catch some Z’s: Even if I have not covered all of the material I have planned to cover, I try and look at the material one more time and then get right back to it. Discipline to get back to studying is the key. You must have self-control!

5. Minutes before big tests/finals: Celebrate your hard work by NOT cramming last minute info...that's just DUMB!!! It will just mess you up and have you second-guessing yourself during the test. Instead, arrive to your test half an hour before to allow you to relax, mentally prepare yourself, go to the bathroom, get something to eat, just chill, listen to music, get your #2 pencils ready.

6. During the test; MOST IMPORTANT: SLOW DOWN, take a deep breath, and write down your name (you'd be surprised how many students forget their name). Read every single word to the question and possible answers. Analyze the problem and execute it to your best ability. It's OK if you don't know an answer to a question (we are humans NOT robots; it is impossible to know everything), but you must be able to relax so that you can take an educated guess. Finally, I go over my test at the end, at least 3 times if I have enough time... to make sure that every answer I wrote on the test is on the Scantron.

Turn in the test! Cry later and do something fun NOW if you can. Retail therapy is my favorite!!

FLAT IRON TRAIL HIKING TRIP

By Diana Hernandez, Outdoor Adventure Club, President

The SCC Outdoor Adventure Club hiking event on November 2nd to Flat Iron was a great way to meet new people, get exercise and see Arizona high above the flight path! The hike started on campus as transportation was provided for students interested in participating. We headed to the Lost Dutchman's State Park and began our hike at 9:00 am. The hike was about 4 miles and 3 hours up to the top and back down which took about 2.5 hours! What a great day and an even better ending as we spent it at the Goldfield Mine Town eating homemade ice cream cones. Thank you, Erich Braun, for joining us on the hike and Nick and Tim for participating! We will be doing this again next semester!

Thank you SLF for a great semester!
Theresa Sweeney - Chair
Michelle Sasonov - Vice Chair
Leeza Romo - Special Events Co-Manager
Juliana Fernandez Badilla - Special Events Co-Manager
Maia Fruchthandler - Public Relations Co-Manager
Karina Cabrera - Public Relations Co-Manager
Vivian Warrens - Secretary
Gilberto Rubio - Mascot
Nick Balik - Student-At-Large
Anne Borges - Student-At-Large
Ferrawanti - Student-At-Large
Bella Hibbs - Student-At-Large
Zainab Hirani - Student-At-Large
Michael Melgaard – Student-At-Large
Sudipto Paul - Student-At-Large
Joshua Robins - Student-At-Large
Chris Simmons - Student-At-Large
Therese Tendick– Director, Center for Civic & Global Engagement
Jen Sydow – Asst. Director, Center for Civic & Global Engagement

Above: Erich, Nick, Tim, and Diana of OAC perched on top of Flat Iron!